

NATURAL STRENGTH PARENTING™

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Your Name	Wisdom					Courage			Humanity			Justice			Temperance			Transcendence						
1.																								
2.																								
3.																								
4.																								
5.																								
6.																								
<p>What are your family's top 5 strengths? How can you mindfully build on them each day?</p>	CREATIVITY	CURIOSITY	JUDGMENT	LOVE OF LEARNING	PERSPECTIVE	BRAVERY	PERSEVERANCE	HONESTY	ZEST	LOVE	FRIENDSHIP	KINDNESS	TEAMWORK	FAIRNESS	LEADERSHIP	FORGIVENESS	HUMILITY	PRUDENCE	SELF-CONTROL	APPRECIATION OF BEAUTY AND EXCELLENCE	GRATITUDE	HOPE	HUMOR	SENSE OF MEANING