

RAINBOW WALK!



As you walk around, notice what you see around you. Can you find an object for every color in the rainbow?

As you find each color, draw or write about the object in the matching color square on your worksheet.

While you are working, see what other things you notice. What sounds do you hear? What do you smell? What can you touch? How many items can you find for each color?

**CONGRATULATIONS!
YOUR FAMILY JUST
EXPERIENCED THE POWER
OF BEING PRESENT!**

What can Beech Acres Parenting Center do for you?

1. Offer online resources from a trusted source and learn about Natural Strength Parenting™.
2. Connect you with a parenting coach.
3. Make your community a better place.

NATURAL STRENGTH PARENTING™

beech acres
PARENTING CENTER



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RAINBOW WALK!

RED

Yellow

Blue

Purple

Orange

Green