



## A 3 Year Old has AMAZING Character Strengths

## What you might see as a result of these AMAZING Character Strengths



• I want to do things by myself.

• I can take care of myself (wash hands, brush teeth, use restroom, etc.).

- I might do risky things like climb to the top of the monkey bars and jump.
- I get frustrated when people treat me like a baby.

**Bravery**I take on challenges and speak up for what is right.



• I enjoy imaginative play.

- I start to understand simple jokes and may tell you a few.
- I might have an imaginary friend.
- I could be afraid of the dark and think there are monsters in my closet.

Creativity

I can think of lots of ways to solve problems and use my imagination.



• I am easily excited.

- I might become angry very quickly.
- I know what I want/like and I go for it.
- I may refuse to do what is asked of me.
- I might throw a tantrum.

Zest

I approach daily life with energy and excitement.



Curiosity

I explore the world around me with an open mind and ask questions often.

- I explore the world around me and try new things.
- If things don't go my way, I become frustrated.
- If things go wrong, I will abandon them quickly.

