

SPRING INTO GROWING



**Setting intentions
helps grow our
hopes into reality!**



Try This:

Illustrate or write:

- Something you'd like to change, grow, or try in the center of the flower.
- Small action steps you will take on the petals.
- Strengths you will use in the leaves.
- Your supports, people or things, in the pot.
- Your feelings once this is accomplished in the butterfly.

