

**Registration**



Beech Acres Foster Parenting Training and Licensing Team is excited to present our biannual virtual training day. If you are a current, licensed foster parent, be sure to attend to gain valuable information on your training journey, meet others that foster, and get some training credit along the way.

This session is open to any Ohio licensed foster parent, regardless of their licensing agency so feel free to share in your networks! We look forward to seeing you in the virtual world.



**MELISSA  
ADAMCHIK**

**Trauma and Resilience within a  
Developmental Perspective**

Melissa Adamchik, MA, LPP, is the Executive Director of the Tristate Trauma Network since its formation in 2015. In addition, she works as an adjunct faculty member in the School of Social Work at Northern Kentucky University. Melissa has her Master's degree in Clinical Psychology from Spalding University and is independently licensed as a Psychological Practitioner in Kentucky.

This session will discuss the effects of traumatic experiences on the development of the brain and the body and how these translate into behavioral presentations. It will also explore the resilience factors that can help to mitigate these effects for children in the short and long term.



**YOLANDA**

**NAMI - Ending the Silence for Families**

Yolanda is a Recovery Ambassador! She is currently a volunteer peer leader for NAMI Southwest Ohio where she leads Peer to Peer classes, helps facilitate Connections Support Groups, and is an In Our Own Voice and Ending the Silence presenter. She writes a Word Press blog, Bridges to Hope. She also volunteers for the Southwest Ohio Council on Aging and leads classes now online and over the phone on Chronic Pain and Chronic Disease as well as Diabetes Self-Management.

Ending the Silence is an engaging presentation about mental health for parents and caregivers where a lead presenter shares an informative presentation and a young adult with a mental health condition shares their journey of recovery.



**LATRESE  
GREEN**

**Nurturing Self and Being Love**

LaTrese Green is a Health Educator residing in the Greater Cincinnati Region. She is as well a meditation and yoga instructor as well. She uses a plethora of wellness skills to enhance the community, locally and globally into a more holistic lifestyle.

The Nurturing Self and Being Love Session is about finding your sense of peace in everyday life habits and situations. Tree Essentials LLC will provide you with applicable tips and skills to further enhance your self-love journey.



**MARK  
CARDWELL**

**Let's Talk About It.**

Mark Cardwell is the founder and principal consultant for Cardwell Communications LLC, a full-service marketing consultancy.

After being in 5 five foster homes Mark was adopted at the age of 5. After Ohio records were unsealed Mark searched for and was reunited with his birth family after 50 years of separation.

In the discussion "Let's Talk About It", I share my personal experience and perspective on how we might manage the uncomfortable or tough conversations that come up in all stages of the adoption journey.



**SARAH  
BREETZ**

**A Need for Normalcy:**

Promoting Normalcy in Foster Care Sarah Breetz, LSW, MSW, is the Manager of Training and Licensing at Beech Acres. Sarah has worked in Foster Care at Beech Acres since 2013. Sarah is a Licensed Social Worker and has a master's degree in Social Work from the University of Louisville.

Youth in foster care often talk about feeling different from their peers. Regulations set in place to create safety for young people can often create barriers that cause them to miss out on experiences. This session will focus on efforts to provide normalcy for foster youth.

**For more information on Training  
Facilitators & Workshop Offerings,  
See the Next Page**



**RYSEL  
BOWLING**

**Where do I belong... Placement from a Bio Child's perspective.**

Ryschel and her husband were licensed foster care parents for more than 2 years for teen girls. They completed their family through adoption in November of 2021.

Ryschel will be joined by her daughter, Elizabeth, to provide first hand insight on the adjustment of placement for bio children in the home.



**KATIE  
BEURKET**

**Supporting Children & Families After a Death**

Join us for an informational training with Fernside Center for Grieving Children and Families. Review developmental stages of grief for children ages 3-18 including different grief reactions and ways to help a grieving child. Discuss tips and interventions for working with children who have experienced different types of grief.

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**KENNY  
MCQUITTY**

**Internet Safety for Kids and Families**

Kenny McQuitty currently serves as the Associate Pastor at Bethel Nazarene Church and is a licensed minister in the Church of the Nazarene. His primary role at the church is working with 6-12 graders and their families. Kenny has degrees in Psychology and Criminal Justice and before pastoring worked in the social work field for 12 years.

Technology has an inevitable place in our day to day activities and lives. It is up to us to make sure technology doesn't go outside the boundaries we set for it. And as we do that we create a space that honors each person's sense of belonging.



**JUDITH  
RAPPORT**

**Stress and Regulation**

Judith Rapport is a Licensed Social Worker on the Foster Care and Adoption team at Beech Acres. In her time in the social service field, she has worked with families in crisis including mental health and housing. She enjoys sharing her knowledge of the effects of trauma on the brain.

Relationships with people around us are the building blocks to how we manage our stress. The key to deescalating upset kids is through our relationships and connections to them. Using the Neurosequential Model add to your understanding of trauma informed parenting and crisis de-escalation.



**BRICE  
MICKEY**

**Inclusion and Equity**

Brice Mickey currently serves as a DEI Consultant with Avant Consulting Group and Cohear, while serving as the Director of Recruitment for Public Allies. Brice was born and raised in Cincinnati, OH, and graduated from Walnut Hills. He earned his BSIT from UC and it was there he realized his calling for dialogue around diversity and inclusion after participating in, and later directing, UC's nationally recognized Racial Awareness Program (RAPP).

Workshop Info: A two-part, hands-on workshop on inclusion and equity and how it relates to your foster parenting journey.

