



Realities of Foster Care

With All
Families

beech acres 

1

MYTH

Teenagers in foster care are too risky and create chaos.

REALITY

Part of any teenagers role is to be challenging. That's the nature of being a teen. Mostly, teens in foster care have experienced trauma and need stability and care to work through that trauma.

2

MYTH

Most children in foster care have experienced trauma that cannot be healed.

REALITY

Using a strength-base, trauma informed approach every foster parent can make a difference to a child who has experienced trauma.

3

MYTH

I can't foster, I'd get too attached.

REALITY

Instead of letting the fear of getting too attached deter us, we should actually let the fear of these kids never feeling truly attached to someone drive us. Being afraid of getting attached is exactly what these children need - a person who cares deeply for them, regardless of their experiences or behaviors.

4

MYTH

You must be a married, heteronormative couple to foster and adopt.

REALITY

Foster care providers are as diverse as the children in their care. Single, married, LGBTQ+ we encourage anyone to get involved who has a heart and a space for a child.

5

MYTH

Biological parents of kids in foster care are not good people and should not get their kids back.

REALITY

Some biological parents have experienced as much trauma as their child in care. They are people like everyone else. They make mistakes. But just like everyone else, they can learn and can change when supported and given the opportunity.